



MARED REES

CYSYLLTIAD
'Connection'

SIAN REESE-WILLIAMS

Synopsis:

Eleri has been caring for her mum, Luned, since she was a child. But both have become so invested in their reversed roles of parent and child, that they've lost sight of one another and the true connection between them.

About:

Cysylltiad (Connection) is a Welsh language short film set and made in the lockdowns of 2020 and 2021. I wanted to explore how necessary it can feel to play the roles other people require of us; how at first, this can make us feel likeable, loveable, useful, worthy, but ultimately leaves all involved feeling reduced to a contracted, narrow version of themselves. This felt particularly prevalent to me in relationships where someone is outwardly struggling with their mental health, as at moments they are asking explicitly for care, and after a sustained period of time, particularly a young person growing up in this dynamic, it can be difficult to see the other person beyond their struggle, and yourself as worth anything beyond your role as carer. The enforced distance of lockdowns made me consider how constrained interactions might intensify this, as we strive to have our needs met in a shorter time, through more remote means.

Trailer:

https://youtu.be/cwMC_ImX4jo

Cast & Crew:

Luned - Sian Reese-Williams

Welsh actress Sian Reese-Williams is best known for her portrayal of DI Cadi John, the lead role in the BBC hit detective show Craith. Filmed in both Welsh and English, Craith (or in English, 'Hidden') airs in both languages on BBC One. Other screen work includes: Line of Duty; Vera for ITV, Silent Witness; Requiem, and Hinterland. Sian was a series regular in Emmerdale between 2008-2013. Sian is a prolific theatre actress and has worked extensively with critically acclaimed theatre company Paines Plough. Sian received rave reviews for her performance in Duncan Macmillan's play Lungs, which was awarded the 2016 Manchester Theatre Award.



Eleri - Mared Rees

Cysylltiad (Connection) is Mared's debut film.

Directed/Written/Produced by Mared Rees

Director of Photography & Editor - David Bridle

Score Composed & Performed by Mared Rees



