

## Worksheet One

### Make Your Own Cave Art

#### Overview:

A good art based activity for **5-8 year olds**. Make sure you have some examples of cave art to show to participants, so they get a feel for the style. There is also a page of examples and templates attached to this resource to give them inspiration. You could even let the participants make their own paint from natural materials like berries, grass and mud, if you feel particularly inclined to make the activity messy!

#### Materials:

- A3 sized brown sugar/construction paper (alternatively, you can use pieces of slate or large stones to paint on, which looks pretty cool!)
- A range of chalks, charcoals and oil pastels
- If making natural paints, things like mud, grass, herbs, berries, peas etc.
- Paintbrushes
- Poster paints
- Spray bottles (such as you would use for spraying potted plants)
- Latex gloves
- Card/thick paper for stencils

**Approximate material cost per participant: £2.00 - £2.50**

#### Useful shops and websites for materials:

WHSmiths

Hobbycraft

[www.theworks.co.uk](http://www.theworks.co.uk)

[www.amazon.co.uk](http://www.amazon.co.uk)

[www.therange.co.uk/arts-and-crafts/](http://www.therange.co.uk/arts-and-crafts/)

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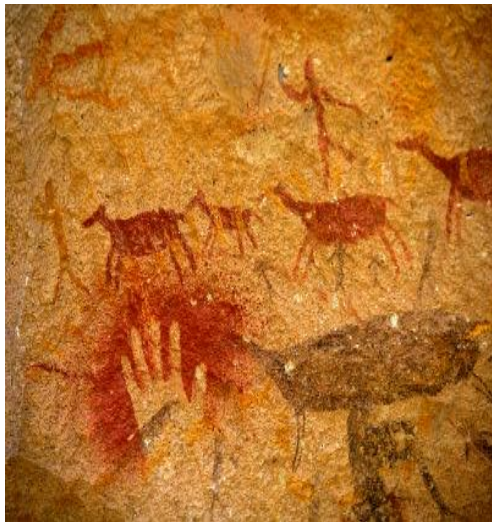
## Method:

1. If you are making natural paints with participants, do this first. You will need large bowls to mix these in. The process is quite straightforward – mash berries/herbs/mud etc. in bowls, adding a little water as you go until it has a paint-like consistency.
2. Take time with participants to look at some examples of cave paintings. Talk about how old some of them are (some of the oldest are nearly 40,000 years old!), how they were made (using oxides, charcoal and mud) and what they usually depicted (mostly animals). Perhaps you can set them a theme for their work, such as 'The Hunt' or 'The Tribe'.
3. If using sugar/construction paper, get participants to scrunch a sheet each into as small a ball as possible. When this is unfolded, it makes a wonderfully textured surface, reminiscent of a cave wall.
4. Either using stencils (which they could design and cut out themselves), or by free hand, ask participants to decorate their paper sheets with cave painting style images. It is best to use charcoals and pastels on sugar paper, as paints tend to seep through. If using stones or slate, poster or acrylic paints work best.
5. To create a cave art 'signature', get each participant to don a latex glove, then fill a spray bottle or atomiser with a watery poster paint solution (black and red are the best colours for this). Ask each participant to place their hand on their work, then carefully spray around their hand to create a handprint. Cave art was sometimes signed off this way!
6. If you have been using paints, don't forget to allow time in your session for work to dry!

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## Examples of cave art:



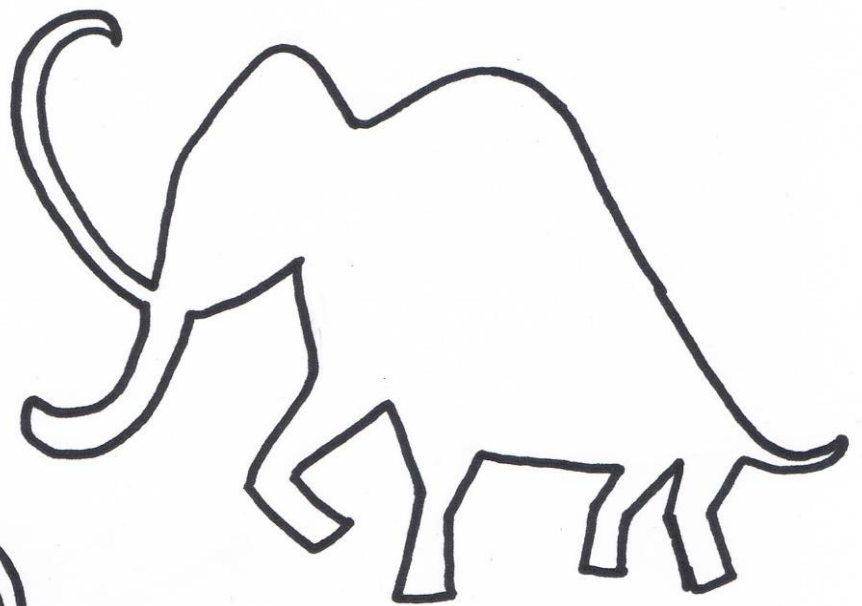
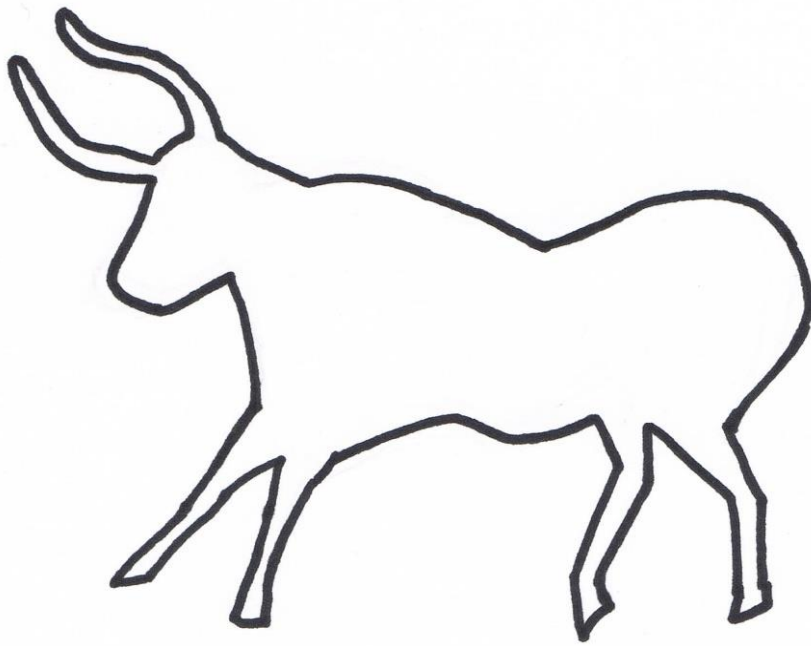
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## Examples of cave artwork by children:



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Here are some images to help participants get started. They can be cut out and the outline drawn around, or you can cut out the images themselves from a printed piece of paper and use them as stencils.



## Worksheet Two

# Toilet Roll Cave People

### Overview:

This is a delightful and fairly straightforward activity for **5-8 year olds**. One of the best things about this activity is that it gives participants the opportunity to be creative in how they design their cave person's outfit, so each one will be unique. From the perspective of the activity leader, it also means that you can make use of a wide variety of materials that you may already have to hand. For example, I have recommended straw for the hair, but that could easily be replaced with strips of paper, or even tufts of old carpet!

### Materials:

- Toilet Rolls/Cardboard Tubes
- Crepe/Tissue Paper (greens and browns are particularly useful)
- Felt Sheets (also in a range of colours/designs)
- Googly Eyes
- Card (approximately the same colour as toilet rolls)
- Straw/Shredded Paper (for hair)
- Scissors
- Glue (Prittstick/PVA)
- Sharpie Pens
- Colouring Pens
- Any other materials that you might find useful! (little cotton wool pompoms, for example)

**Approximate material cost per participant: £2.00 - £2.50**

### Useful shops and websites for materials:

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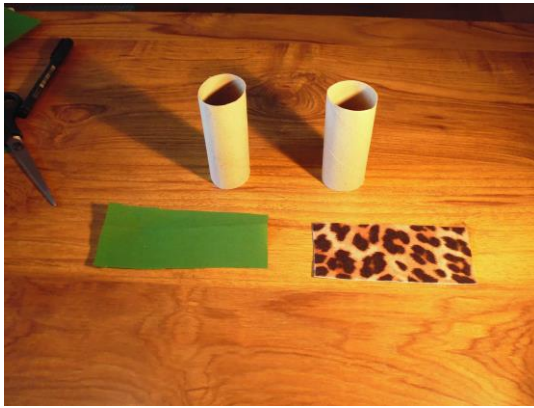
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## Method:



1. Cut a piece of crepe paper, felt or other material that is being used to make your cave person's clothing. Ensure that this piece is cut to wrap around the toilet roll once, and will take up no more than half of the roll's length.



2. If you intend to decorate or cut a pattern into this material, it is best to do it now before sticking the material to the toilet roll. Sharpie pens are excellent for adding a pattern to a plain piece of tissue paper.



3. Stick your clothing material around the bottom half of the toilet roll, ensuring that there is sufficient room above for the face.

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5. Whilst the glue is drying, make the face by sticking a pair of googly eyes on and drawing a mouth and nose with pens.



6. Cut out from card a pair of hands and feet. Make sure that for both you fold a little tab, which for the feet can then be stuck to the inside of the toilet roll, and for the hands can be stuck so that it cannot be seen from the face side.



4. Apply a fair amount of glue to the inside of the top of the toilet roll (i.e., the face end). To this, affix straw, paper, or any other material you are using for hair.

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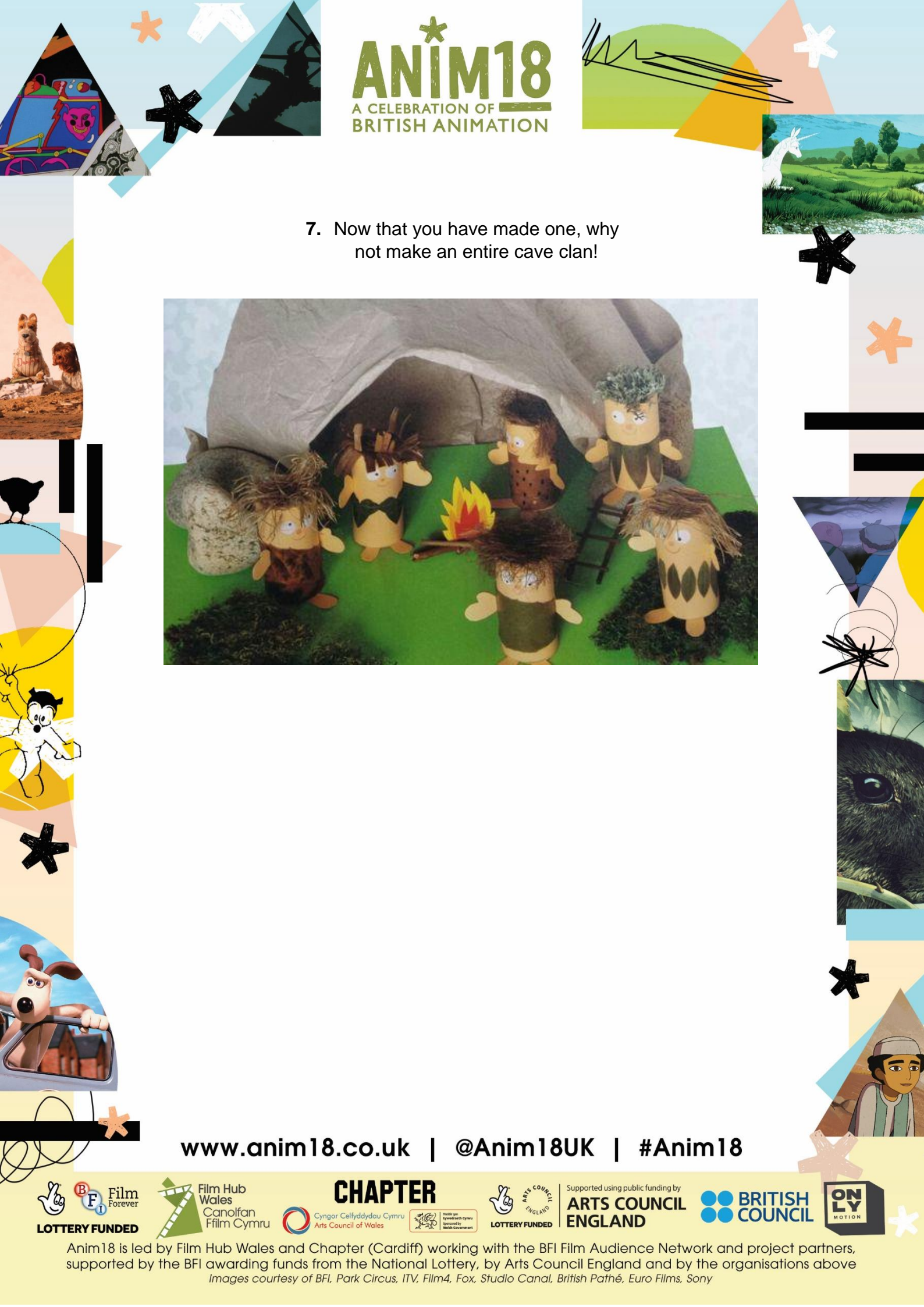
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7. Now that you have made one, why not make an entire cave clan!

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## Worksheet Three

### Make Your Own Woolly Mammoth!

#### Overview:

This is a really enjoyable activity for **5-8 year olds**. If you have more than 10 participants, **allow 30-45 minutes** for this activity. The materials are things that you may already have lying about, and are pretty cheap if not. Templates are provided at the end of this resource, so you can pre-cut everything prior to the activity time, which means that all the participants will need to do is stick the pieces together, apply the googly eyes, and draw on a smile. At the very least it is advisable to cut out the corrugated cardboard rings in advance, as you will need to use a craft knife to cut out the inside of the rings.

#### Materials:

- Corrugated Cardboard Sheets (cut into rings with an external diameter of 20cm, and an internal diameter of 14cm)
- Brown Crepe/Tissue Paper
- Thick White Card (for tusks and toes)
- Googly Eyes
- Brown Felt (for legs and head)
- Brown Wool
- Scissors
- Rulers
- Glue (Prittstick/PVA)
- Black Sharpie Pens

**Approximate material cost per participant: £2.50 - £3.00**

#### Useful shops and websites for materials:

WHSmith

Hobbycraft

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## Method:



3. Cut out and stick crepe/tissue paper to the rear of the cardboard ring. Cut away any that overlaps the exterior edge of the ring.



2. Stick cut-out felt head onto cardboard ring, a little bit to the left of centre. It is best if the cardboard in a couple of places.



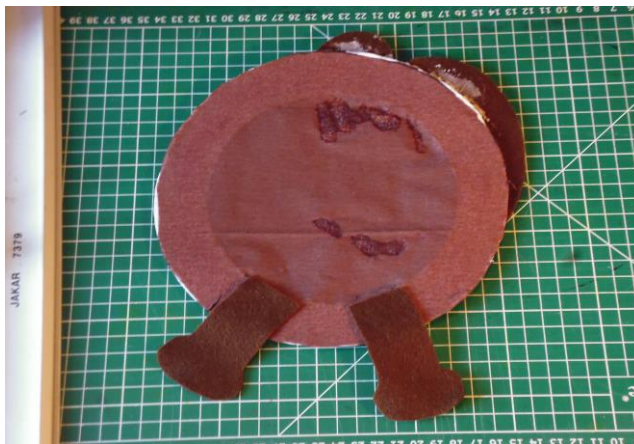
1. Stick googly eyes on to the head, and draw on a big smile with a Sharpie pen.

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6. Stick cut-out felt legs onto the reverse of the cardboard ring, at about the 5 and 7 o'clock positions.



5. Turn the ring back over to the front and stick little corners of white card onto the legs as toes (these should be vaguely triangular in shape).



4. Cut out tusks from a sheet of white card. Glue one of these to the frontside where the trunk and smile meet.

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9. Glue the other tusk to the reverse *slightly* higher than the other.

8. Cut 10-12 strands of brown wool from your ball of yarn (about 4cm in length). Apply a small blob of glue to the top of the head on the reverse-side and stick the strands of wool on.

7. Cut another 10 – 12 strands of brown wool from the ball of yarn (about 12cm in length). Turn the cardboard ring over. Apply a small blob of glue to an area roughly in line with the eyes. Fold each strand in half and stick to the ring to make the tail.

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10. You are ready to go off stomping with your very own woolly mammoth friend!

*Created by Chapter on behalf of Film Hub Wales.*

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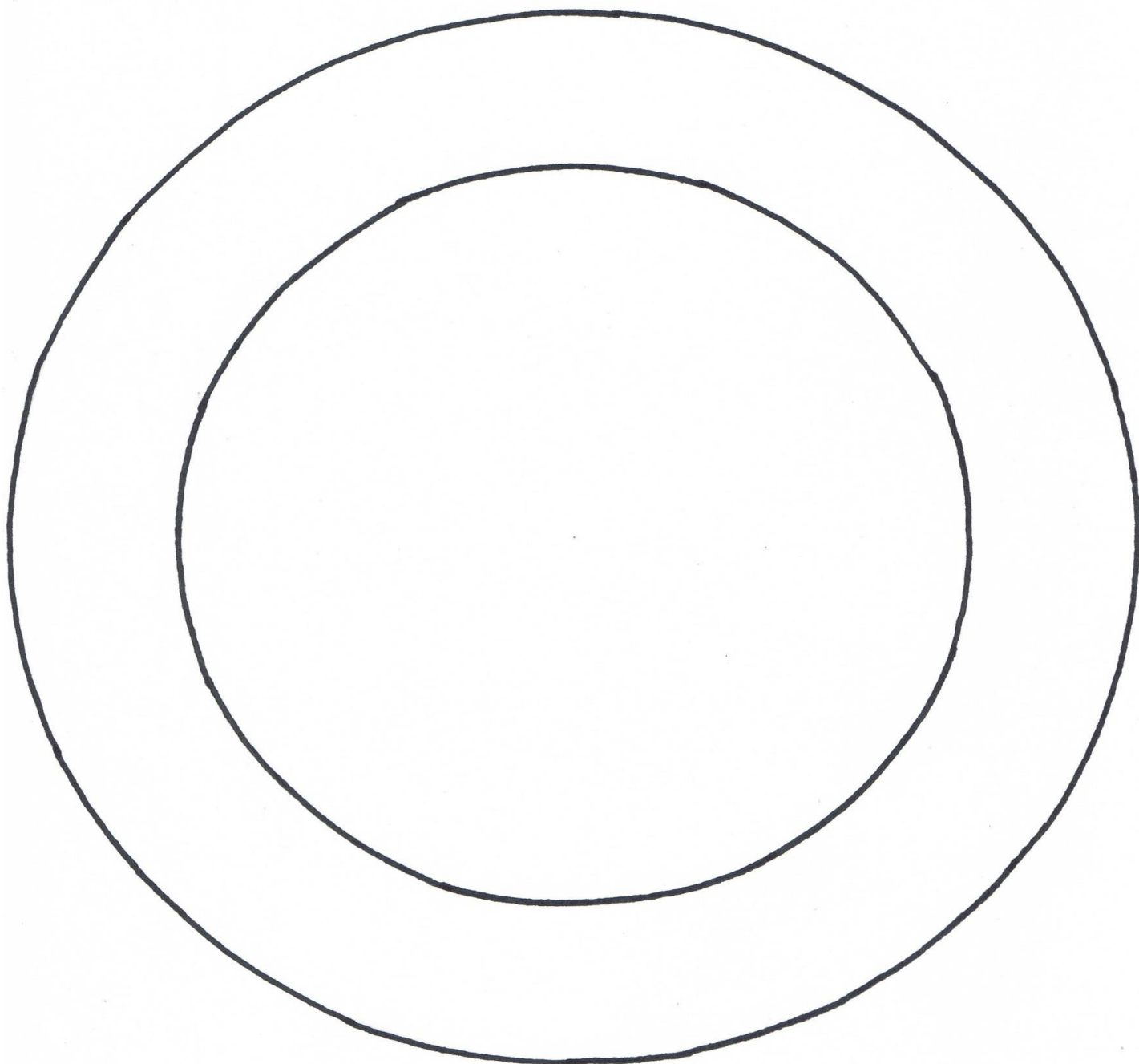


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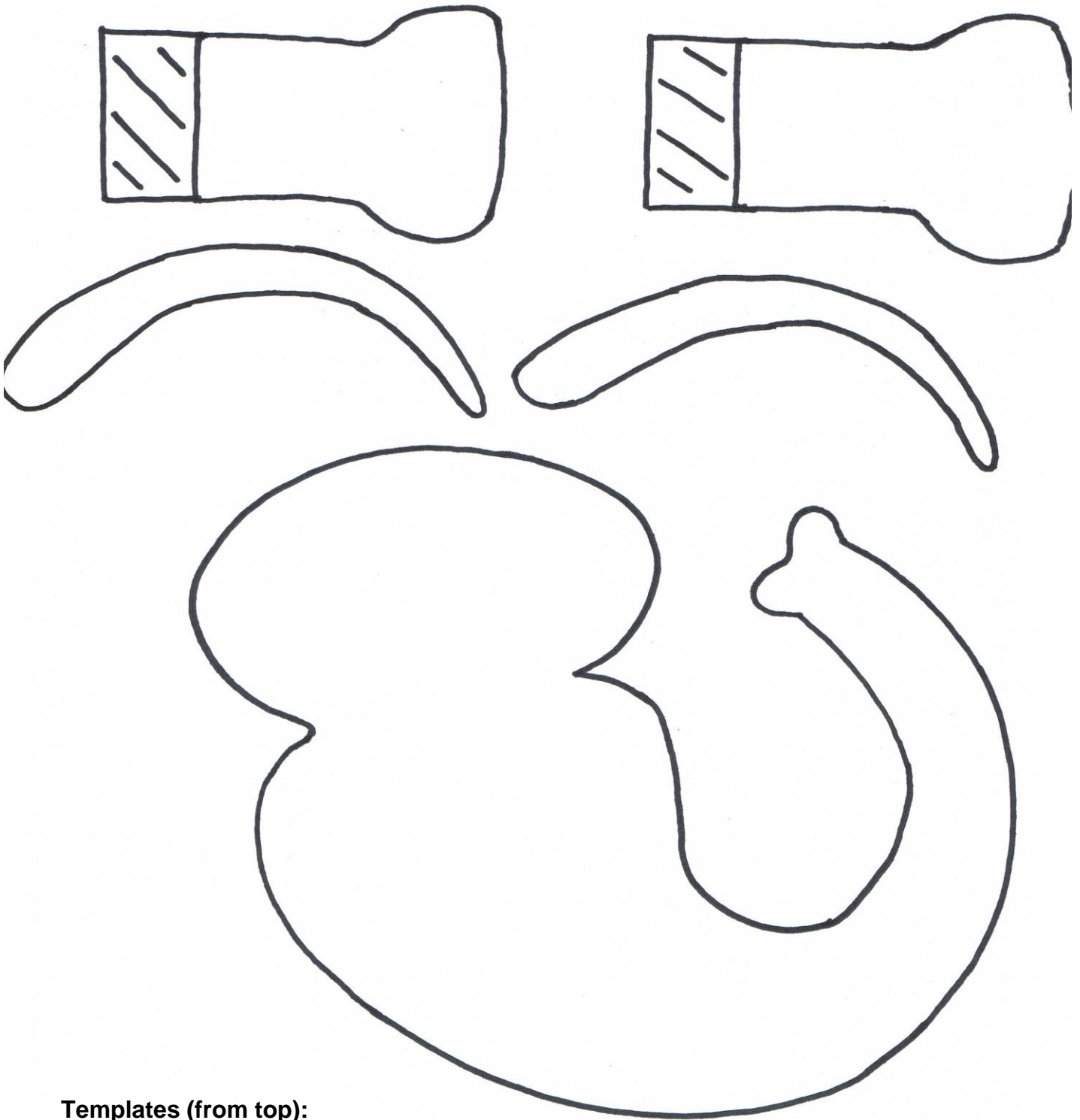


**Templates:**

Cut the body of your mammoth from corrugated cardboard using this template. You'll need to cut out the inner circle with a craft knife.







**Templates (from top):**

- Mammoth feet to be cut from brown felt (the shaded part is the tab that will need to be stuck to the back of the body).
- Tusks to be cut from white card.
- Mammoth head to be cut from brown felt.